

## Activity: Volunteer Activity Plan

### Using Documentation Tool in H5P or fillable

#### form Section 1

Name:

Date:

Organization:

Organization contact name:

Organization contact phone and email:

Number of hours volunteered:

#### Section 2

Define the skills to be developed (choose one or two from the following list or come up with your own):

1.

2.

Confidence, Communication, Teamwork, Managing relationships, Understanding society, Self-management, Preparation for work, Active listening, Leadership, Improving learning, Taking responsibility, Decision-making, Understanding diversity, Self-awareness, Problem-solving, Rights and responsibilities, Planning, Negotiation, Budgeting

The reasons I am volunteering are:

1.

2.

**Section 3:** Description of volunteer activities/duties:

Reflection Questions

The following are a few questions to get you thinking about reflecting upon your experience. Remember that reflection is about expressing the meaning behind your experience, it's not about describing what you did.

1. What was different from what you expected in your volunteer experience?  
Why do you think it was different?
  
2. What were some of the emotions and feelings you experienced while volunteering?
  
3. What skills were you able to develop during your volunteer experience?  
How will you be able to transfer those skills to your classes, work, or your next volunteer experience?
  
4. When and where is your next volunteer experience going to take place?